

"No more, Emily - I think we've had enough!"

Remember We Are BFFs and We Promised to Always Take Care of Each Other –

When enough is enough: Know the signs of

Alcohol Poisoning

COMMON SYMPTOMS OF ALCOHOL POISONING INCLUDE:

- Unconsciousness
- Vomiting
- Seizures
- Slow, irregular breathing
- Hypothermia (Cold and/or Clammy)

If you see anyone with the symptoms, <u>CALL 9-1-1 IMMEDIATELY!</u>
Stay with them until help arrives

Drinking is not worth losing your best friend. Help your friends say "NO" to drinking and help prevent alcohol poisoning

Walt Whitman High School [Melissa Kantor], Keeping It SAFE Under-Twenty-one Alcohol Prevention Coalition, MC Dept of Health and Human Services Under 21 Activity Grant, "These materials are neither sponsored nor endorsed by the Board of Education of Montgomery County, the superintendent, or this school"